Case 2:14-mj-00030-JPD Document 11 Filed 02/11/14 Page 1 of 3 FEB 1 1 2014 70: James P. Donohue U.S. District CourT 700 STEWART ST. Seattle 98101 FROM: Paul Andrew Mitchell Co-Defendant Dreetings A. Donohuer Is there any way you could amend the DETENTION ORDER to authorize my release on my own recognizance in MJ14-0307 Lampresently in shock and on deaths doorstep down here at FDC/SeaTac, after I was rushed into solitary confinement. Counselor Holloway Jakely accused me of frank, but I am not charged with frank. An Jour "SHU", invate Clarence screlano very loudly hours on end when he is not banking on stainless steel shower statle. I am prevented from contacting the outside world in ahm manner, and I am locked in a "Special Thousing Unit I have no, family nomonly, and everything has dettriorated to vicious cucles that go nowhere Death is one option. If I am to write and serve any pleadings in No. 14-CR-27-F, I need to by back in my apartment, but I may have difficulty writing well after suffering so much shock, and a thotally destitute reality.

The Public Defender you appointed failed one simple test. Tolknoon & Zerbst & may also desperately require medical intervention 4 observation to restore normal sleeping patterns. Also & do not lue know if my apartment's contents are lugar safe. de ait in my entire life, and f do not exaggerate. I desperately neer rehab. I agree to make all appearances in Steattle, assuming & can restore some normality which was lost by the sudden abject and equally sudden incarceration, then fall to rock bottom. Please help me Paul Andrew Mitchell Paul Andrew Mitchell FDC Seatac Reg. No. 44202-084 P.10 Box 13900 Searche 98198-1090 Washington, USA

To: James P. Sonohue - V.S. District Court

EMERGENCY

Washing Town USA 700 STEWART ST. Seattle 98101.

FEDERAL DETENTION CENTER MITCHELL

SEATTLE, WA. 98198-1090

P.O. BOX 13900

MARK WAS A PROPERTY OF

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